

Shogun Traditional Shotokan Karate-Do Academy.

**Young Persons (Age to 16yrs)
Exam for 3rd Kyu & 1st Kyu (Brown Belts)**

空手道



Students Name:

Date:

Age:

Exam to be taken:

Shogun Traditional Shotokan Karate-Do Academy.

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What is the Japanese Names for the following Technique's?

- 1) Straight Punch? (One Mark)**
- 2) Front Stepping Thrust Punch? (One Mark)**
- 3) Front Jap Snap Punch? (One Mark)**
- 4) Reverse Punch? (One Mark)**
- 5) Spear Hand? (One Mark)**
- 6) Back Fist? (One Mark)**
- 7) Hammer Fist? (One Mark)**
- 8) Elbow Strike? (One Mark)**
- 9) U Punch? (One Mark)**
- 10) Palm Heel Strike? (One Mark)**
- 11) Hook Punch? (One Mark)**
- 12) Fore Knuckle Fist? (One Mark)**
- 13) Close Punch? (One Mark)**

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What is the Japanese Names for the following Technique's?

- 14) Sword Ridge Strike? (One Mark)**
- 15) Middle Finger Knuckle Punch/Strike? (One Mark)**
- 16) Fist? (One Mark)**
- 17) Hand? (One Mark)**
- 18) Leg? (One Mark)**
- 19) Foot? (One Mark)**
- 20) Front Snap Rising Kick? (One Mark)**
- 21) Front Thrust Kick? (One Mark)**
- 22) Roundhouse Kick? (One Mark)**
- 23) Side Snap Rising Kick? (One Mark)**
- 24) Side Thrust Kick? (One Mark)**
- 25) Back Heel Kick? (One Mark)**
- 26) Reverse Roundhouse Kick? (One Mark)**
- 27) Returning Wave Kick? (One Mark)**

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What is the Japanese Names for the following Technique's?

- 28) Crescent Kick? (One Mark)**
- 29) Stamping Kick? (One Mark)**
- 30) Knee Kick? (One Mark)**
- 31) Foot Sweep? (One Mark)**
- 32) Jumping Kick? (One Mark)**
- 33) Double Jumping Kick? (One Mark)**

Important: Please read the below, or explain it to a Young Person!

To pass you need to get 80% of the questions correct and remember you could be verbally asked some of these questions in class. Just coping from the Internet is not much good in learning anything.

There are 33 Questions, with 33 possible Marks's for correct answers.